

Minutes
CNA Health Care Task Force
October 1, 2008, 10am-noon – Meeting #4

County: Christine Penkala (Chair), Lisa Driscoll, Mary Ann Mason (3)
CNA: Kay McVay, Rosa Cabrera, Kevin Brophy, Maggie Ewing (4)

Minutes by Lisa Driscoll

The meeting began with general housekeeping including a discussion regarding the posting of meeting minutes. Human Resources staff agreed to check on the minutes and work on getting them posted.

The topics of the meeting was a review of the County's current health care plans, a discussion of what we like and do not like about the plan designs, and the types of changes that would be on a "wish list" in designing new health care plans.

A general discussion took place regarding 'Wellness' and 'Preventive' care. The components of overall wellness discussed were: spiritual, emotional, financial, physical, and mental.

The Task Force wrote three columns on the white-board: pros, cons, and changes and agreed to limit the discussion to health benefits. They then worked on filling in the columns. The following is the result:

<u>Pros</u>	<u>Cons</u>	<u>Changes</u>
Co-pays	1 size fits all	Design alternatives
Premium rates %	No vision plan	Portability – out-of-state
	Increased dental \$	Spousal survivor support
		Incentives:
		- Prevention
		- Wellness
		National supplemental
		Medicare plans
		Catastrophic plans

The meeting ended with a general discussion regarding what entity governed the rules of COBRA, pre-existing conditions, long-term disability, PERS, and long-term care programs.

The next meeting is scheduled for Wednesday, October 22, 2008 and will cover generic plan design options.